

# Joint Base McGuire-Dix-Lakehurst



## SOLDIER & FAMILY SFAC ASSISTANCE CENTER

*Serving Warriors in Transition and their Families*

### PURPOSE

The Soldier and Family Assistance Center (SFAC) was created to provide compassionate, coordinated services to Wounded, Ill, and Injured Service members and their Families. SFAC is a one-stop shop for services that partners with the Warrior Transition Unit (WTU) as a friendly supportive team dedicated to encouraging self-development, wellness and to meet the unique needs of WTUs and their Families.

The Joint Base McGuire-Dix-Lakehurst SFAC provides a warm, relaxed environment where WTUs and their Families can gather to foster physical, spiritual and mental healing. The facility itself includes a central reception area, computer workstations with internet access, common area that has video games, television, library and a kitchen for WTUs and family use.

The SFAC also serves as a resource center for information and referral services. We have many services offered in the SFAC in order to maximize the convenience to the WTUs and their Families. Other services requiring less than a full-time presence are brought in at designated times. Still other services will be provided through priority off-site appointments coordinated by the SFAC staff.

In September 2007, the SFAC opened its doors for the first time. It has been steadily working to meet the needs of WTUs and their families, and to involve them as an integral part of the WTUs recovery and rehabilitation program. Partnered with the WTU, the SFAC supports the needs of the WTUs and their families with support services as they prepare to transition back to their unit or into a productive civilian workforce.



**Ms. Andrea Williamson**

**609-562-6532**

### Army Career & Alumni Program (ACAP)

ACAP's first step is the mandatory Pre-Separation benefits briefing and counseling. Employment assistance services begin with a workshop designed to give our Warriors the basic knowledge and skills to plan and execute a successful job search. One-on-one assistance from the ACAP counselors helps Warriors assess preferences, skills, experience, education, and training. ACAP counselors offer assistance in new career objectives, researching the job market, writing effective resumes and cover letters, job applications, and successful interviewing techniques and practice. ACAP offers: a computer lab, job fairs, job research libraries, job listings, and automated tools. ACAP also offers various seminars to include, Federal and State Application, Resume Writing, Small Business Administration, DTAP, WDVA State Benefits, and Interviewing. Remember, Warriors going through MEB/PEB must also complete TAP, DTAP and the VA benefits briefing.



**Ms. Missie Ellis**

**609-562-6554**

### **Program Support Assistant**

To gain access to all services and agencies offered at the Soldier and Family Assistance Center (SFAC) please call to make an appointment. The SFAC staff is ready to assist all Warriors in Transition, their family, as well as Staff assigned to the Warrior in Transition Unit (WTU) and their family members.



**Ms. Sharon James**

**609-562-6539**

### **Child, Youth & School Services**

Soldiers may be eligible for reduced child care rates while assigned to the WTU. Support services provided by Child, Youth & School Services includes: 16 hours of free hourly respite care per child per month, hourly fee reduction to \$2.00 per child per hour, unlimited free hourly care for medical appointments, Category 1 fees for regularly scheduled full day and part day care, up to 4 free SKIES classes, and up to 2 free CYS team or individual sports per child/youth. See our Information and Referral Coordinator, Ms. James for registration documents prior to contacting Child Youth Services.



**Ms. Melissa Curry-Ranck**

**609-562-6505**

### **Educational Services**

Our Guidance Counselors provide a full range of Adult and Continuing Education options. Counselors can help design individual education programs. They also assist with Tuition Assistance, GI Bill, and Scholarship options for Soldiers and Family members. Stop by and see what options are available.



**Mr. Dylan Ross, CFP**

**609-562-6524**

### **Personal Financial Management**

The SFAC offers financial assistance and education to Soldiers and their Family members. The Financial Advisor will: Review credit reports and assist with cleaning up information on the reports. Assist with developing Spending Plans and determine the best ways to use available funds. Assist with debt reduction planning by prioritizing bills. Assist with Emergency Relief (AER) program. Once the credit issues have been reviewed, money has become more manageable, and debt reduction plans put in place, the Soldier and Family learn other ways to save and invest for future goals. This is accomplished through education— classes are taught on Money Management, Checking Account Maintenance, Home Buying, Retirement Planning & Investing, just to name a few. AER program provides emergency interest free loans and grants to Soldiers and Family members. AER helps with emergency financial needs for items such as food, rent, utilities, transportation, vehicle repair, funeral expenses, and medical & dental expenses.



**Ms. Sharon James**

**609-562-6539**

### **Information, Referral, and Outreach**

The Information Referral and Outreach Coordinator works individually with each Soldier or Family member to determine which services they need. They provide a personal session to each Soldier or Family member to assist them with all available services both on and off Joint Base M-D-L. They schedule appointments within the SFAC and arrange appointments/priority services outside the SFAC, such as SJA, ID cards and others. The Information Referral and Outreach Coordinator locates necessary services not provided in the SFAC and offer that information to the Wounded Warrior. Surveys and identifies the service needs of Wounded Soldiers and Family members. Identifies and plans specific means of addressing target population requirements in various functional areas.



**OSJA, Bldg. 5631**

**(Mon - Fri)**

**609-562-6578**

### **Legal Services**

The ASA Dix Joint Readiness Center (JRC) Legal Section is committed to providing excellent legal services to our WTs and their dependents. The Legal Section is available to discuss legal concerns such as tax returns, wills, health care directives, special and general power of attorneys, and other legal matters. Legal assistance is also available in the areas of Family Law, Consumer Law, Real Property, Personal Property, Economic Issues, Civilian Administrative, Military Administrative, Torts, Taxes, Civilian Criminal Matters and the notarization of documents. Please stop by or call our office today to see how we can help. We are located in Bldg 5631 Baltimore Street, ASA Dix, New Jersey 08640. WTU Clients are seen on a walk-in basis, no appointment necessary. Hours of operation are 0800-1630, Monday through Friday.



**Ms. Nicola Laury**

**609-562-6537**

### **Recovery Care Coordinator (RCC)**

The RCC will support recovering Soldiers and their Families through the entire spectrum of care management, rehabilitation and transition services provided by DOD, VA, and other governmental and non-governmental support agencies. Identify gaps in non-medical services, intervene as necessary to expedite outcomes, and assist with coordination of resources to develop and improve outcomes for enhanced delivery of non-medical services. Facilitate an efficient, effective and smooth rehabilitation and transition back to active duty or civilian life as a Veteran through coordination with appropriate personnel (Military Service Coordinators/VA Liaisons). Coordinate local and state resources where the recovering Soldier and Family will reside.



**Mr. Stan Sinicki**  
**609-518-3900**

**SFAC**  
**609-562-6554**

**Wed 1100-1400 and**  
**Fri 0930-1400**



**MFLC**

**609-864-5505**



**Ms. Sharon Brady**  
**703-405-0810**

**Ms. Nicola Laury**  
**609-562-6537**

**Mr. Dylan Ross, CFP**  
**609-562-6524**

**REALifelines**

The Recovery Employment and Assistance Lifeline ([REALifelines](#)) program provides individualized assistance to Warriors in Transition, as well as to their spouses. This national program provides one-on-one assistance designed to help achieve a smooth transition into civilian life.

Services include: Career Exploration/Assessment, Connection to Employment Openings, World Wide Labor Market Information, Resume Assistance Targeting Soldiers' Employment Goals, Interviewing/Application Tips, Providing Nationwide Resources in your Geographic Destinations, Referral to Local Points of Contact for other available resources, Unemployment Insurance Assistance.

**Military and Family Life Consultants (MFLC)**

Provides preventive information, education, confidential initial assessment, short term crisis consultation, and referral services to WTs and their Family Members who request services for Alcohol and Drug Abuse, Behavioral Health, Marital, Social Work and Family Advocacy issues. Provides prevention information and education to WTU and SFAC staff as needed.

**Traumatic Servicemembers Group Life Insurance Assistance**

The Army Wounded Warrior (AW2) Advocate will advise and assist our Warriors and Family members needing to file Traumatic Servicemembers Group Life Insurance claims with the Department of Veterans Affairs for traumatic injuries incurred. The AW2 advocate will work closely with Warrior Transition Unit (WTU) Warriors to ensure that their claims are filed. For more information about TSGLI eligibility or information on how to submit a TSGLI claim, contact Ms. Brady, you can also call the U.S. Army TSGLI Service Center at (800) 237-1336 or email [TSGLI@conus.army.mil](mailto:TSGLI@conus.army.mil). TSGLI information is also available on the [TSGLI Web site](#).

**Soldier and Family Assistance Center (SFAC)**

**Ms. Natasha A. Freeman, Director**

**Hours of Operation**

**Mon - Fri 0745-1630 hrs**

Bldg 5644 Doughboy Loop

SFAC.....609-562-6554

DSN.....562-6554

FAX.....609-562-6558

Billeting.....609-754-4667

Chaplain.....609-754-HOPE (4673)

## Frequently Asked Questions

Q: What can the SFAC do for me?

A: Your SFAC will assist you with a wide range of services both on Joint Base McGuire-Dix-Lakehurst, the local community and in your home state.

Q: What services are located in the SFAC?

A: Your SFAC will assist you through our Informational Referral & Outreach Coordinators, Education Services, Financial Readiness, and your Social Services. We also connect you with REALifelines, Legal Services, Pastoral Care and Veteran Services available for you.

Q: Do I have to in-process through the SFAC?

A: Yes, the SFAC is one of your in-processing steps for the WTB, you must also out-process through the SFAC.

Q: Can my Family Members use the SFAC services?

A: Yes, the SFAC is here to provide services for WTB Soldier and their Family Members. We will facilitate services for your family such as: Child Care and Spousal Assistance.

### **Warrior's in Transition (WT's) Support:**

[Operation Homefront \(National\)](#)

[Operation Homefront NY & NJ](#)

[America Supports You](#)

[U.S. Army Wounded Warrior \(AW2\) Program](#)

[ACAP](#)

[Military Homefront](#)

[HireVetsFirst](#)

[Hire Americas Heroes](#)

[USO](#)

[Wounded Warrior and Family Assistance Organizations](#)

### **Family Programs:**

[Army Families OnLine](#)

[Army Family Readiness Groups](#)

[MyArmyLifeToo Family Programs](#)

[Army Reserves Family Programs](#)

[Association of the United States Army Family Programs](#)

[Fisher House](#)

[Support our Troops and their families](#)

[AUSA](#)

## **Veterans Administration Links**

[VA Benefits](#)

[Vocational and Rehabilitation and Employment Services](#)

[Compensation and Pension Benefits](#)

[Health Benefits and Services](#)

[Educational Benefits](#)

## **TBI and PTSD issues**

<http://www.ncptsd.va.gov/ncmain/index.jsp>

<http://www.ptsdanonymous.org/>

<http://www.thesoldiersproject.org/>

<http://remind.org/#/intro/>

## **Health Links**

[Mesothelioma Causes](#)

[Daily Health News](#)