RULES

Objective: Traverse the course from beginning to end in the fewest throws of the disc.

Play on each hole begins at the teeing area and ends at the target. After the player has thrown from the tee, each successive throw is made from where the previous throw came to rest. On completing a hole, the player proceeds to the teeing area of the next hole, until all holes have been played.

- 1. **Teeing Off.** Play begins on each hole with the player throwing from within the teeing area; when the disc is released, the player must have at least one supporting point in contact with the surface of the teeing area.
- 2. **Establishing Position.** The thrown disc establishes a position where it first comes to rest.
- 3. **Marking The Lie.** The position of a thrown disc on the in-bounds playing surface marks its lie.
- 4. **Throwing From A Stance.** When the disc is released, a player must have at least one supporting point that is in contact with the lie.
- 5. **Putting.** Any throw from within 10 meters of the target, as measured from the lie, is a putt.
- 6. Holing Out. In order to hole out, the thrower must release the disc and it must come to rest supported by the chains and/or the inner cylinder of the tray. A disc that enters the target below the top of the tray or above the bottom chain support is not holed out.

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DISC GOLF AT LAUREL POND



Juliustown Road & 10th Street JB MDL Dix

GPS: 39°59'57.4" N, 74°38'08.1" W

87FSS Outdoor Recreation (609) 562-6667 www.GOMDL.com



