

**Joint Base McGuire-Dix-Lakehurst Fitness Access Initiative  
Statement of Understanding**

**PRINT Rank/Name:** \_\_\_\_\_ **Phone number:** \_\_\_\_\_  
**First Sergeant's Name & ph#:** \_\_\_\_\_ **Organization:** \_\_\_\_\_

**Compliance with Rules:**

**I understand and agree that my access to the fitness center during unmanned hours is a special privilege which can be taken away immediately upon rule violations.** As an authorized user, I agree to abide by all fitness center rules and unmanned hours rules which will be posted at the fitness center and may be amended from time to time at the sole discretion of the Fitness Center Director.

**Fitness Center Rules During Unmanned Hours (please initial each item):**

\_\_\_ All Active Duty (AD) Military, Guard, Reserves, and Department of Defense (DoD) Civilians must register their CAC at the fitness center to have access. No guests are authorized during unmanned hours. **This includes, but are not limited to: infants, toddlers &/or children requiring close supervision by the authorized patron.**

\_\_\_ CAC sharing is strictly prohibited and will result in immediate loss of privilege. CAC sharing is viewed by the Air Force as theft of services from fitness centers and will be prosecuted IAW the UCMJ.

\_\_\_ Access will be granted to authorized members for 12 months at a time. The Fitness Center Director/designee has the right to terminate your privileges at any time without notice.

\_\_\_ As an authorized member, I will swipe my access card once to gain access to the facility. In the event that I come in during regular hours, I will exit the facility upon closing time. I will then re-swipe my access card to re-enter the facility.

\_\_\_ I will ensure that upon gaining entry or exiting the facility, the door closes securely behind me. All other doors MUST remain closed except for in cases of an emergency.

\_\_\_ I understand that there will be no supervision or assistance during unmanned hours and I am expected to behave in accordance with good standards of conduct.

\_\_\_ I understand that not all amenities in the Fitness Centers will be accessible at all times. Certain areas, such as Gym #1 (at McGuire FC), offices, and saunas will be locked and are off limits during unmanned hours.

\_\_\_ I understand that each Fitness Center may have additional localized instructions that I will have to adhere to (i.e. different locations of phones & AEDs at McGuire FC, Griffith Field House of Lakehurst FC.)

\_\_\_ I understand cameras will be closely monitored. Incidents in the fitness center during unmanned hours and actions such as theft, defacement or intentional damage to government property, sexual assault, inappropriate sexual behavior, nefarious behavior, and violation of rules will not be tolerated and members are subject to punishment under the UCMJ.

\_\_\_ I am aware the fitness center is not responsible for protection of personal property.

\_\_\_ I am aware that if I become injured or have any other medical emergency or event, there is no guarantee someone will be on site to respond to my emergency. I understand emergency phones and AEDs are stowed differently for each facility. I will learn the whereabouts of these devices and utilize phone lines for emergency purposes ONLY.

\_\_\_ It is highly encouraged that I utilize the Buddy System for usage of the fitness center during non-staffed times.

\_\_\_ I am highly encouraged to use the Buddy System if weight lifting (i.e., using a spotter if choosing to use free weights or assisting a fellow patron who needs help).

\_\_\_ In the event of severe weather, I will proceed to the alternate Shelter-in-Place location until the severe weather has passed and use the Buddy System to help each other out.

\_\_\_ In the event of a power outage, the facility will close immediately and I am to gather my belongings, exit the building promptly, and use the Buddy System to assist others.

\_\_\_ I hereby acknowledge and agree that the Department of Defense, the United States Air Force, Joint Base McGuire-Dix-Lakehurst and the Fitness Centers or its staff, are not responsible for member's safety during unmanned hours and the member assumes all risks associated with using the fitness center during those times.

\_\_\_ Violation of the rules will result in loss of privileges and subject me to prosecution under the UCMJ and/or any applicable federal and/or state laws.

**Please note, 1<sup>st</sup> offense will revoke your privileges for 60 days, 2<sup>nd</sup> offense will be automatic suspension of access.**

**I certify that I have read and understand the rules during unmanned hours in the fitness center and I agree to abide by all of the terms and conditions of this statement of understanding.**

**Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_