

ShowMDL THIS WEEK

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LOOKING FOR PUDGY'S SPORTS PUB SPECIALS? Opt-in to FSS text service, FSSeat at 95577, or follow us on Instagram @gomdl. Specials posted weekly. Don't miss 'em!

87FSS THIS WEEK AT JB MDL:

Monday, February 11

Transition Assistance Program GPS (JB MDL McGuire): Presented by the Military and Family Support Center (MFSC). Transition Assistance Program (TAP) / Goals, Planning, Success (GPS). This 5-day workshop gives the foundation for service members and their families to be better prepared to transition from military to civilian life. Topics include: Transition Overview, Personal Financial Planning, Unemployment, SBP, Military Occupation Crosswalk (MOC), Resilient Transition, Department of Veterans Affairs (VA) / DTAP Benefits Briefing, and Department of Labor Employment Workshop (DOLEW). Prerequisite: Pre-separation Counseling/Briefing (DD-2648) MANDATORY! Spouses are encouraged to attend. 7:45am-4:30pm, Bldg. 3435 Broidy Rd., JB MDL McGuire. Pre-registration required. Call 609.754.3154 or 732.323.1248.

Tuesday, February 12

Baby Storytime: Presented by 87FSS Librar-e & Resource Commons. Join Miss Theresa from the Burlington County Library at the 87FSS Librar-e & Resource Commons, Bldg. 2603 Tuskegee Airmen Ave., JB MDL McGuire, from 10 to 11am every 2nd and 4th Tuesday, as she introduces our babies to books and songs and activities! Start their love of reading and learning at an early age. No registration required, open to ages 1 month to 18 months. 609.754.2079.

Pudgy's: Try your hand at All Ranks Texas Hold 'Em! Games start at 7pm, Bldg. 2508 Can Do Way, JB MDL McGuire. **Games** are free to club members, \$10 for non-club members. NEW! One time \$10 re-buy in for everyone! See if lady luck is on your side and come on over to play a hand or two. 609.754.2396.

Wednesday, February 13

On-Base Colleges Open House: 87FSS Education and Training Center hosts a College Open House for all on-base colleges and universities. This is a great opportunity for aspiring students to start their academic career or for those individuals who put their education on hold to start again. Location: 87FSS Education and Training Center, Bldg. 3829 School House Road (adjacent to Falcon Courts North), JB MDL McGuire. Meet with the college representative in their offices from 9:30am-11:30am. The five military friendly on-base colleges include Rowan College at Burlington County (Room 107), Wilmington University (Room 302), Southern Illinois University (Room 101), Central Michigan University (Room 102), and Embry Riddle Aeronautical University (Room 100C). These institutions offer classes and coursework leading to Certifications, Associate, Baccalaureate and Master Degrees at the 87FSS Education Center. Visit www.gomdl.com for degree information. 609.754.6018.

Thursday, February 14

****Million Dollar Service Member & Family Series (Credit Management) JB MDL Lakehurst:** Presented by the Military and Family Support Center (MFSC). Credit can influence almost every aspect of your life, not just your finances. This workshop will increase your credit knowledge and skills, and will cover; getting and using credit wisely, reducing the cost of credit, managing your debt, and choosing and using credit cards. Participants will receive a coupon for a free credit report and score. 9:00am-11:00am, Bldg. 488 Walsh Drive. Pre-registration required: <https://booknow.appointment-plus.com/3yjbr5kq/>. For further information, call the Military and Family Support Center at JB MDL McGuire 609.754.3154 or JB MDL Lakehurst 732.323.1248.

Children's Storytime: Presented by 87FSS Librar-e & Resource Commons. Join us at the 87FSS Librar-e & Resource Commons, Bldg. 2603 Tuskegee Airmen Ave., JB MDL McGuire, from 10 to 11am every Thursday as we read stories and do crafts! No registration required, open to all ages! 609.754.2079.

JB MDL Run Series: Valentine's 5K: At FSS Fitness Center JB MDL Lakehurst, 11:45am. Win prizes by participating in monthly, designated Joint Base McGuire-Dix-Lakehurst 5K races throughout 2019! Prizes include water bottles, drawstring bags, stress balls, t-shirts, and more! End-of-year prizes determined by points system; 1 point earned by simply participating in the designated 5Ks, and 1 additional point earned by the top male and female finisher in both civilian and military categories. No pre-registration required, just show-up and sign-in. FSS Fitness JB MDL Lakehurst 732.323.7266, FSS Fitness JB MDL McGuire 609.754.6085, FSS Griffith Field House 609.562.4888.

Ladies Who Lift: Presented by 87FSS Fitness JB MDL Lakehurst Bldg. 123, every Thursday thru March 7, 11:30am & 5pm. Weight Lifting program for women of all fitness levels. Learn basic weightlifting principles and get comfortable in the weight room! A new weightlifting technique taught each week for eight weeks - join at any time! Open to DoD ID holders. 732.323.7266.

Free Movie Night: The 87FSS Flight Deck, bldg. 484 Lansdowne Road, JB MDL Lakehurst. Doors open 5:30pm, show time 6:00pm. Free popcorn for all, light bites and beverages available for purchase. Children must be accompanied by an adult at all times. *"Princess and the Frog"* - Rated G. 732.323.2405.

Friday, February 15

Community College of the Air Force (CCAF) Degree Completion Briefing: 87FSS Education and Training Section is hosting a CCAF Degree Completion Briefing, 9:00am-10:00am, at the 87FSS Education and Training Center, Bldg. 3829 School House Road (adjacent to Falcon Courts North), JB MDL McGuire. The briefing will cover guidance and options in completing your CCAF degree. Registration: send an email of your intent to attend to UDG_87FSS_EDSPECIALISTS@us.af.mil. A copy of your CCAF Progress Report can be provided to you at the briefing. 609.754.5346.

Zumba for Heart: Presented by FSS Fitness Griffith Field House, 5:30pm to 7pm. Free and open to all DoD ID holders. Take your workout and make it fun by dancing your heart away to a healthier beat. An hour and a half of Latin infused rhythms to keep the beat of your heart in sync and in tune with a happier you. Wear red, pink or purple...the colors of LOVE! 609.562.4888.

The CUPID Shuffle, Teen Social: 87FSS Youth Programs JB MDL Dix, Bldg. 1279 Locust St. We are throwing a party! Come join the FSS Youth Programs and their Keystone Club in an evening that is sure to delight. Participate in our specially designed ESCAPE THE ROOM challenge titled "Escape Cupid's Arrow". We will also be practicing our fine arts skills on canvas boards, working on our dance moves, and singing songs in our specially designed karaoke room. There is even a live DJ! Everyone is encouraged to wear Red, White and Pink attire. 7:00pm-10:00pm. Cost \$10, open to members/non-members, ages 13-18 years. 609.562.5061.

Saturday, February 16

Visit www.gomdl.com for Holiday Hours.

Red Cross Babysitter's Course: FSS Youth Program JB MDL McGuire is holding a Red Cross Babysitter's Course for all FSS/MWR eligible military/civilian dependent ages 11-18 years. 8:30am-5:30pm (youth may bring their own lunch). Pre-registration required. Cost: \$60. This course is required to babysit on JB MDL, the youth will receive instruction to become certified in Red Cross Babysitter's Course, First Aid and CPR. **Please register in advance, NLT February 13.** 609.754.5437.

West Point Overnight Ski Trip and Tour: SOLD OUT Presented by 87FSS Outdoor Recreation (ODR), Saturday February 16 thru Sunday February 17.

Sunday, February 17

Visit www.gomdl.com for Holiday Hours.

Monday, February 18 Presidents' Day

Visit www.gomdl.com for Holiday Hours.

Tuesday, February 19

Coping with Being Apart from Your Loved Ones Lunch and Learn: Presented by the Military and Family Support Center (MFSC). Lunch is included. A 2-hour interactive workshop for spouses who are currently experiencing a separation due to deployment/remote tour/TDY or who may have a deployment/remote tour/TDY in the future. Participants will be equipped with valuable information and practical tools in developing the families' game plan in dealing with the onset of separation issues during deployment to reunion. Participants will receive Spouse Comfort Kit which includes: a tote bag, personal journal notebook and other deployment related handouts. 11:00am-1:00pm, MFSC Bldg. 3435 Broidy Road, JB MDL McGuire. To register online, go to <https://booknow.appointment-plus.com/3yjbr5kq/> or call the Military and Family Support Center JB MDL McGuire 609.754.3154 / JB MDL Lakehurst 732.323.1248.

Budgeting for My New Place: Presented by the Military and Family Support Center (MFSC). Consolidated information on moving out of the dorm. Includes budgeting, government housing info, United Communities, legal and much more. 1:00pm-3:00pm, Bldg. 3435 Broidy Road, JB MDL McGuire. Pre-registration is required, <https://booknow.appointment-plus.com/3yjbr5kq/>. For further information, call the Military and Family Support Center at JB MDL McGuire 609.754.3154 or JB MDL Lakehurst 732.323.1248.

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